

## Clinical Services

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**The top priority of the CADCs is to provide and improve healthcare delivery for persons affected by Alzheimer's disease and their caregivers.**

- The Centers have specialized in the diagnosis of patients with mild symptoms, the identification of specialized sub-populations among those with dementia, and diagnosis of complex dementia cases referred from the community. As part of this effort in the detection and management of dementia, the CADCs have developed and applied innovations and technologies, including novel imaging methods and new cognitive assessment instruments. These activities have impacted thousands of patients and families in California. Any individual with symptoms of memory loss, disorientation, or confusion may contact the Centers for an evaluation. Patients may be self-referred or referred by family, private physician or community agency.

**Meeting the needs of underserved populations is an important objective of the CADCs.**

- California, perhaps more than any other state, is facing huge increases in the number of elders from minority ethnic and diverse linguistic backgrounds. These seniors (and their families) face numerous barriers to dementia care. Through educational programs, the Centers have raised health-literacy about dementia-related issues, allowing families to provide better care and informing them about how to seek optimal care.
- **The CADCs meet the needs of California's diverse ethnic and racial senior population by developing specialized instrumentation to evaluate dementia in all communities:**
  - Cross-Cultural Neuropsychological Battery (CCNB at UCI)
  - Cognitive Abilities Screening Instrument (CASI at USC) in English, Spanish, Chinese, and Japanese
  - Spanish and English Neuropsychological Assessment Scales (SENAS at UCD-Sacramento)
  - Neuropsychiatric Inventory in Spanish(NPI-UCLA)

These new tools set the stage for action and inclusiveness, and allow the CADCs to improve delivery and efficacy of treatments, while expanding education and community outreach to underserved communities. **These culturally competent services are not available to these citizens through any other organized mechanism.**

**The CADCs meet the needs of rural Californians, who may have limited access to specialized AD care, using the innovative technologies, such as telemedicine.**

**The CADCs provide a comprehensive range of assessment and intervention services for all patients.** All CADC patients receive an extensive assessment from a multidisciplinary clinical team that is supported by wide-variety of specialists from the parent medical school. The input of the caregiver is always sought. A continuum of treatment options are available at most CADCs including individualized diagnostic feedback, treatment recommendations and support groups follow-ups.

[Learn more about the overall services provided by the CADC program](#) [1]

**Source URL:** <http://cadc.ucsf.edu/cadc/centers/services>

### Links:

[1] <http://cadc.ucsf.edu/cadc/centers/services/overview>

## California Alzheimer's Disease Centers

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