

UCD - Sacramento CADC

By *admin*

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Web Site

[UCD - Sacramento CADC](#) [1]

Address

UC Davis, Sacramento-California Alzheimer's Disease Center
Ellison Ambulatory Care Building
UC Davis Medical Center
[4860 Y Street, Suite 3900](#)
[Sacramento, CA 95817](#) [2]

Phone Numbers

916-734-5496 (main)☐

916-703-5290 (fax)

History and Background

The California Alzheimer's Disease Center (CADC) at UC Davis in Sacramento, located at the UC Davis Medical Center in Sacramento, has provided ongoing leadership in Alzheimer's disease (AD) clinical care, education, and research since 1985. The UCD-Sacramento CADC builds upon the clinical, research, educational and community outreach base that has been developed over the last 25 years to promote the availability of high-quality clinical services for dementia and cognitive decline in the growing, elderly segment of the population in the northern central valley of California. **Our Center has traditionally served a very large geographic area in northern California, much of which is rural, and also has emphasized outreach and service to minority communities, Hispanics in particular. The counties served by the UCD-Sacramento CADC includes: Sacramento, Yolo, San Joaquin, Solano, Sutter, Yuba, Nevada, Placer, El Dorado, Amador, Calaveras, Tuolumne, and Stanislaus counties.**

Clinical Services

The UCD-Sacramento CADC provides multidisciplinary clinical care for older persons presenting with concerns about decline in cognition and independent functioning. We routinely perform diagnostic evaluations to distinguish normal changes associated with aging from dementing diseases like Alzheimer's disease, other degenerative dementias, and cognitive changes associated with stroke and cerebrovascular disease. While we do not provide treatment or ongoing clinical care, we do work with patients, their families, and their primary care doctors to establish treatment plans. We have bilingual and bicultural staff who routinely provide service to Spanish speaking patients and their families.

Economic Development and Professional Training

While the CADC program does not directly support research, the clinical infrastructure and expert staff provide an important foundation for research funded by the National Institutes on Health and

private foundations to better understand cognitive decline in older populations and to establish best practices for clinical care. **The CADC is part of a larger UC Davis Alzheimer's Disease Center that brings external research funding into California at a ratio of about \$8 dollars for every \$1 invested by the state of California.** The research theme of The UC Davis Alzheimer's Disease Center is understanding the protective and risk factors that determine healthy cognitive aging and cognitive decline in the demographically diverse population of older Californians. **Our research specifically targets Hispanic and African American communities.** Professional training is an important cornerstone of our program. We have a multidisciplinary team with expertise in Neurology, Geriatric Medicine, Psychiatry, Neuropsychology, Nursing, and Social Work. We provide supervised clinical training for physicians, neuropsychologists, social workers, nurses, and geriatricians. In addition, our professional staff routinely speak to professional audiences in communities throughout northern California to disseminate information about normal aging and diseases causing cognitive impairment.

Community Education

Public education about dementia and cognitive impairment is central to our mission. Our staff routinely speak to community audiences to promote awareness of healthy and abnormal cognitive aging, factors that promote cognitive health, risk factors for cognitive decline, and treatment for AD and related diseases. Dissemination of information to consumers about best practices for clinical care is an important part of both our clinical services and educational efforts. We are particularly interested in promoting lifestyle choices that contribute to healthy cognitive aging and delay or reduce the impact of diseases like AD.

INFORMATION ABOUT THE CLINIC

Referrals

Referrals from physicians, other healthcare providers, and agencies are welcome. A referral from a physician is not necessary for a memory assessment, and many patients we see are self-referred or referred by a family member. We specialize in the evaluation of memory loss, Alzheimer's disease and related illnesses such as frontotemporal lobe dementia and vascular dementia, and mild cognitive impairment. We have the expertise for complex or unusual cases, and are happy to provide second opinions. We have bilingual staff who can answer questions of Spanish speaking callers.

Costs

Costs for diagnostic evaluations and professional services may vary on an individual basis. Please contact us for more information. Often, tests performed outside of our CADC may be necessary to complete a diagnostic workup, such as laboratory tests and/or brain scans.

Staff

- Charles DeCarli, M.D., Neurologist
- William Seavey, M.D., Geriatrician
- Sarah Tomaszewski Farias, Ph.D., Neuropsychologist
- Kathryn Sweeney, RN
- Esther Lara, MSW
- Rebekha Alfaro, Patient Care Coordinator

Opportunities to Participate in Research

Our Center is part of the UC Davis Alzheimer's Disease Center. We have an active research program including clinical trials evaluating new ways of treating and diagnosing Alzheimer's disease. We are involved in many studies of aging, and how different factors may protect against or accelerate mental decline associated with aging. Depending on your eligibility you may be invited to take part

in one or more of these studies.

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Links:

[1] <http://alzheimer.ucdavis.edu/>

[2] http://www.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=UC Davis - Alzheimer's Disease Center, Ste 3900, 4860 Y Street, Sacramento, CA 95817&ll=38.554425,-121.450896&sspn=0.026311,0.027122&ie=UTF8&hq=UC Davis - Alzheimer's Disease Center, Ste 3900,&hnear=4860 Y St, Sacramento, CA 95817&ll=38.552042,-121.449695&spn=0.013156,0.013561&z=16&iwloc=A

[3] <http://cadc.ucsf.edu/cadc/cadc/centers/thecenters/ucd>