

UCSD - San Diego CADC

By *admin*

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Web Site

[UCSD - San Diego CADC](#) [1]

Address

UC, San Diego
SOCARE/UCSD CADC
[8950 Villa La Jolla Drive](#)
[La Jolla, CA 92037](#) [2]

Phone Numbers

858-822-4800 (main)☐
858-246-1282 (fax)

History and Background

The University of California, San Diego (UCSD) CADC, established in 1988, operates within the Department of Neurosciences at UCSD and includes collaborations with members of the Division of Geriatric Medicine and the Department of Psychiatry. The Senior's Only Care (SOCARE) clinic, an Outpatient Clinic located at UCSD Medical Center facilities in Hillcrest, San Diego, has a regional reputation for providing outstanding comprehensive assessments of people with memory disorders. The CADC provides specialized diagnostic and treatment services to optimize the cognitive, functional, and behavioral abilities of individuals with Alzheimer's disease (AD) and other dementias. **Our goals are to improve the management and quality of life and to provide support and resources for both patients and caregivers.**

The UCSD CADC serves some 336,120 individuals age 65 and older living in San Diego County, more than 11% of the county's total population. The UCSD CADC also provides services to individuals living in Imperial and southern Orange counties. As the risk of developing AD increases dramatically with age - to nearly 50% of individuals 85 or older - many of the county's seniors and their families will unfortunately be affected by this degenerative disorder. Given the large number of San Diego seniors at risk of developing cognitive impairment, the UCSD CADC is actively addressing this problem by offering patients and their families access to state-of-the-art diagnostic and treatment services, novel clinical trials, specialized support groups, and educational programs about AD and the related dementias.

Clinical Services

Early identification of cognitive decline and AD is critical so that available treatments, which are most effective before extensive damage to the brain has occurred, can be started, and families can plan for the future, take advantage of available community services, and develop effective coping strategies. UCSD CADC clinicians bring state of the art methods to accurately differentiate between normal aging, Mild Cognitive Impairment (MCI), and dementia. **The UCSD CADC also brings state of the art culturally sensitive methods to assist English and Spanish speaking individuals and their families through the diagnostic process, and has translators**

available to help with assessments of other non-English speaking patients.

Economic Development and Professional Training

The UCSD CADC provides infrastructure to attract new resources into the local economy, and has been able to leverage the investment of the state by approximately 6-fold or more. These include support from industry for clinical trials, specialized research, student training, and various Federal and private Foundation grants. The UCSD CADC is involved in translating basic findings from the laboratory into general practice within the broader health care community in a cost-effective fashion.

The CADCs have helped to build a vital workforce for the growing needs of the State to address the current and changing demographic needs in California. This includes the training of physicians, nurses, physician's assistants, health care professionals, and research investigators. Since 1988, the UCSD CADC has trained hundreds of professionals and students through fellowships, residencies (including a highly successful Mini-Residency), internships, rotations, clerkships, continuing medical education courses, academic classes, lectures, and presentations. Through their training programs the CADCs have shaped the practice of doctors, nurses, psychologists, social workers and other providers who now staff hospitals and clinics throughout the state making daily life more manageable for thousands of people who struggle with the demands of caregiving and the ravages of the AD.

Community Education

The UCSD CADC has also educated the lay public, caregivers and families on cognitive decline, prevention strategies, and best practices regarding the management of those afflicted by MCI and AD. The UCSD CADC provides many forums on AD education and also serves to integrate education opportunities in the community. The community looks to and depends on the UCSD CADC for high quality education.

The limitations in the current health care delivery environment and constrained budgets in both the public and private sectors require solutions that are cost-effective for patients and their families, as well as for businesses. The Centers continue to provide education, provide new opportunities for improving the quality of life of the elderly, and reduce the burden for those with dementia in California.

INFORMATION ABOUT THE CLINIC

Referrals

Referrals from physicians, other healthcare providers, and agencies are welcome. No formal referral is necessary for a memory assessment. We specialize in the evaluation of memory loss, Alzheimer's disease and related illnesses such as Dementia with Lewy bodies, frontotemporal lobe dementia and vascular dementia, and early stages of memory problems such as mild cognitive impairment. We have the expertise for complex or unusual cases, and are happy to provide second opinions.

Costs

Costs for diagnostic evaluations and professional services may vary on an individual basis. Please contact us for more information. Often, tests performed outside of our CADC may be necessary to complete a diagnostic workup, such as laboratory tests and/or brain scans.

Clinical Staff

- John Daly, MD, Geriatric Medicine Specialist
- Douglas Galasko, MD, Neurologist

- Clark Allen, MD, Psychiatrist
- David Salmon, PhD, Neuropsychologist
- Judith Rivera, MS, FNP, Hispanic Program
- Susan Shepherd, MSW, LCSW
- Michelle LeDuc, LVN, Clinical Care Coordinator
- Internal Medicine Residents and Geriatric Medicine Fellows

Opportunities to Participate in Research

Our Center is strongly linked to the Shiley-Marcos UCSD Alzheimer's Disease Research Center. We refer patients to clinical trials evaluating new ways of treating and diagnosing Alzheimer's disease. We also refer patients to studies of aging, and how different factors may protect against or accelerate mental decline in old age. Depending on your eligibility you may be invited to take part in one or more of these studies.

ADDRESS/Directions

Seniors Only Care (SOCARE) / California Alzheimer's Disease Center Offices

[8950 Villa La Jolla Drive, Suite C-129](#)

[La Jolla, CA 92037](#) [2]

Main: (858) 822-4800

Fax: (858) 246-1282

SOCARE appointments are scheduled at:

Fourth & Lewis Medical Office

[330 Lewis Street](#)

[San Diego, CA 92103](#) [3]

Parking is validated.

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Links:

[1] <http://health.ucsd.edu/specialties/socare/>

[2]

http://www.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=California Alzheimer's Disease Center Offices, La Jolla, CA

[92037&ll=32.871135,-117.233884&spn=0.014003,0.012767&z=16&iwloc=A](http://www.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=California Alzheimer's Disease Center Offices,&hnear=La Jolla, CA&ll=32.871135,-117.233884&spn=0.014003,0.012767&z=16&iwloc=A)

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[92103&ll=32.7521,-117.161722&spn=0.007237,0.006384&z=17](http://www.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=330 Lewis Street San Diego, CA 92103,)

[4] <http://cadc.ucsf.edu/cadc/cadc/centers/thecenters/ucsd>